Version: Wave 6 Main TTT



# Showcards

(SHARE - "50+ in Europe")

- 1. Spouse
- 2. Partner
- 3. Child
- 4. Child-in-law
- 5. Parent
- 6. Parent-in-law
- 7. Sibling
- 8. Grand-child
- 9. Other relative (specify)
- 10. Other non-relative (specify)
- 11. Ex-spouse/Ex-partner

- 1. No schooling/education at all
- 2. Some education, but less than [instead of put respective country specific degr.]
- 3. Country specific category
- 4. Country specific category
- 5. Country specific category
- 6. Country specific category
- 7. Country specific category
- 8. Country specific category
- 9. Country specific category
- 10. Country specific category
- 11. Country specific category
- 12. Country specific category
- 13. Country specific category
- 14. Country specific category
- 15. Country specific category
- 16. Country specific category
- 17. Country specific category
- 18. Country specific category
- 19. Country specific category
- 20. Country specific category
- 95. No degree yet/still in school
- 97. Other

- 1. No higher education/vocational training
- 2. Some education, but less than [ISCED 1] (instead of [ISCED 1]

put respective country specific degr.)

- 3. Country specific category
- 4. Country specific category
- 5. Country specific category
- 6. Country specific category
- 7. Country specific category
- 8. Country specific category
- 9. Country specific category
- 10. Country specific category
- 11. Country specific category
- 12. Country specific category
- 13. Country specific category
- 14. Country specific category
- 15. Country specific category
- 16. Country specific category
- 17. Country specific category
- 18. Country specific category
- 19. Country specific category
- 20. Country specific category
- 95. Still in education/vocational training
- 97. Other

- 1. Married and living together with spouse
- 2. Registered partnership
- 3. Married, living separated from spouse
- 4. Never married
- 5. Divorced
- 6. Widowed

- 1. In the same household
- 2. In the same building
- 3. Less than 1 kilometre away
- 4. Between 1 and 5 kilometres away
- 5. Between 5 and 25 kilometres away
- 6. Between 25 and 100 kilometres away
- 7. Between 100 and 500 kilometres away
- 8. More than 500 kilometres away

- 1. Full-time employed
- 2. Part-time employed
- 3. Self-employed or working for own family business
- 4. Unemployed
- 5. In vocational training/retraining/education
- 6. Parental leave
- 7. In retirement or early retirement
- 8. Permanently sick or disabled
- 9. Looking after home or family
- 97. Other

- 1. Retired
- 2. Employed or self-employed (including working for family business)
- 3. Unemployed
- 4. Permanently sick or disabled
- 5. Homemaker
- 97. Other

1. A heart attack including myocardial infarction or coronary thrombosis or any other heart problem including congestive heart

failure

- 2. High blood pressure or hypertension
- 3. High blood cholesterol
- 4. A stroke or cerebral vascular disease
- 5. Diabetes or high blood sugar
- 6. Chronic lung disease such as chronic bronchitis or emphysema
- 10. Cancer or malignant tumour, including leukaemia or lymphoma,
- but excluding minor skin cancers
- 11. Stomach or duodenal ulcer, peptic ulcer
- 12. Parkinson disease
- 13. Cataracts
- 14. Hip fracture
- 15. Other fractures

16. Alzheimer's disease, dementia, organic brain syndrome, senility

or any other serious memory impairment

18. Other affective or emotional disorders, including anxiety,

nervous or psychiatric problems

- 19. Rheumatoid Arthritis
- 20. Osteoarthritis, or other rheumatism
- 21. Chronic kidney disease
- 96. None
- 97. Other conditions, not yet mentioned

- 1. Falling down
- 2. Fear of falling down
- 3. Dizziness, faints or blackouts
- 4. Fatigue
- 96. None

- 1. Back
- 2. Hips
- 3. Knees
- 4. Other joints
- 5. Mouth/Teeth
- 6. Other parts of the body, but not joints
- 7. All over

- 1. Drugs for high blood cholesterol
- 2. Drugs for high blood pressure
- 3. Drugs for coronary or cerebrovascular diseases
- 4. Drugs for other heart diseases
- 6. Drugs for diabetes
- 7. Drugs for joint pain or for joint inflammation
- 8. Drugs for other pain (e.g. headache, back pain, etc.)
- 9. Drugs for sleep problems
- 10. Drugs for anxiety or depression
- 11. Drugs for osteoporosis
- 13. Drugs for stomach burns
- 14. Drugs for chronic bronchitis
- 15. Drugs for suppressing inflammation (only

glucocorticoids or steroids)

- 96. None
- 97. Other drugs, not yet mentioned

- 1. Walking 100 metres
- 2. Sitting for about two hours
- 3. Getting up from a chair after sitting for long periods
- 4. Climbing several flights of stairs without resting
- 5. Climbing one flight of stairs without resting
- 6. Stooping, kneeling, or crouching
- 7. Reaching or extending your arms above shoulder level

8. Pulling or pushing large objects like a living room chair

9. Lifting or carrying weights over 10 pounds/5 kilos, like a heavy bag of groceries

10. Picking up a small coin from a table

96. None of these

- 1. Dressing, including putting on shoes and socks
- 2. Walking across a room
- 3. Bathing or showering
- 4. Eating, such as cutting up your food
- 5. Getting in or out of bed
- 6. Using the toilet, including getting up or down
- 7. Using a map to figure out how to get around in a strange place
- 8. Preparing a hot meal
- 9. Shopping for groceries
- 10. Making telephone calls
- 11. Taking medications
- 12. Doing work around the house or garden
- 13. Managing money, such as paying bills and keeping track of expenses

14. Leaving the house independently and accessing transportation services

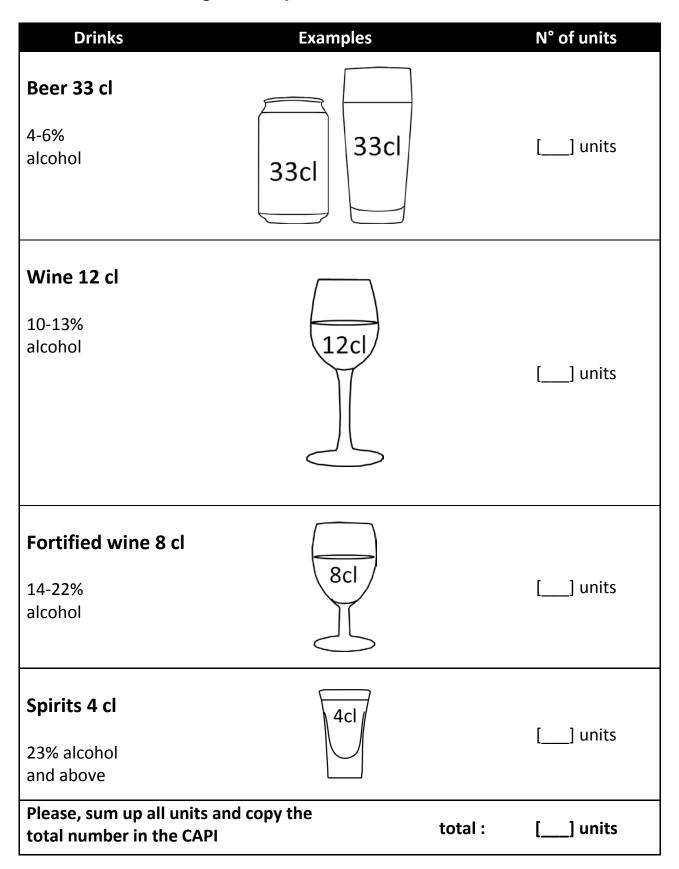
- 15. Doing personal laundry
- 96. None of these

- 1. A cane or walking stick
- 2. A zimmer frame or walker
- 3. A manual wheelchair
- 4. An electric wheelchair
- 5. A buggy or scooter
- 6. Special eating utensils
- 7. A personal alarm
- 8. Bars, grabs, rails (to facilitate

movements and to keep ones balance)

- 9. Raised toilet seat with/without arms
- 10. Incontinence pads
- 96. None of these
- 97. other items (specify)

During the last 7 days, overall how many units of alcoholic beverages did you have?



- 1. Daily or almost daily
- 2. Five or six days a week
- 3. Three or four days a week
- 4. Once or twice a week
- 5. Once or twice a month
- 6. Less than once a month
- 7. Not at all in the last 3 months

- 1. Every day
- 2. 3-6 times a week
- 3. Twice a week
- 4. Once a week
- 5. Less than once a week

 Aids and appliances (e.g. Wheelchairs; Rollators; Zimmer Frame; Walking Sticks and Crutches; Orthoses; Protheses)
Ambulatory therapies (e.g. Physiotherapy; Vocational therapy; Osteopathy; Homeopathy; Counseling Psychology; Chiropractic)

96. None of these

1. Help with @Bpersonal care@B, (e.g. getting in and out of bed, dressing, bathing and showering)

2. Help with @Bdomestic tasks@B (e.g. cleaning, ironing, cooking)

3. @BMeals-on-wheels@B (i.e. ready made meals provided by a municipality or a private provider)

4. Help with other activities (e.g. filling a drug dispenser)

96. None of the above

- 1. Became eligible for public pension
- 2. Became eligible for private occupational pension
- 3. Became eligible for a private pension
- 4. Was offered an early retirement option/window with special incentives or bonus
- 5. Made redundant (for example pre-retirement)
- 6. Own ill health
- 7. Ill health of relative or friend
- 8. To retire at same time as spouse or partner
- 9. To spend more time with family
- 10. To enjoy life

1. A change in type of employment (for instance from dependent employment to self-employment)

- 2. A change in employer
- 3. A promotion
- 4. A change in job location
- 5. A change in contract length (from long term to short term or viceversa)
- 96. None of the above

- 1. Agriculture, hunting, forestry, fishing
- 2. Mining and quarrying
- 3. Manufacturing
- 4. Electricity, gas and water supply
- 5. Construction
- 6. Wholesale and retail trade; repair of motor vehicles,

motorcycles and personal and household goods

- 7. Hotels and restaurants
- 8. Transport, storage and communication
- 9. Financial intermediation
- 10. Real estate, renting and business activities
- 11. Public administration and defence; compulsory social security
- 12. Education
- 13. Health and social work
- 14. Other community, social and personal service activities

- 1. Strongly agree
- 2. Agree
- 3. Disagree
- 4. Strongly disagree

1. Public old age pension

2. Public old age supplementary pension or public old age second pension

- 3. Public early retirement or pre-retirement pension
- 4. Main public sickness benefits
- 5. Main public disability insurance pension
- 6. Secondary public disability insurance pension
- 7. Secondary public sickness benefits
- 8. Public unemployment benefit or insurance
- 9. Main public survivor pension from your spouse or

partner

10. Secondary public survivor pension from your spouse or partner

- 11. Public war pension
- 12. Public long-term care insurance
- 13. Social assistance
- 96. None of these

1. Life insurance payments from a private insurance company

2. Regular private annuity or private personal pension payments

- 3. Alimony
- 4. Regular payments from charities

5. Long-term care insurance payments from a private insurance company

96. None of these

- 1. Public old age pension
- 2. Public early retirement or pre-retirement pension
- 3. Public disability insurance;

sickness/invalidity/incapacity pension

- 4. Private (occupational) old age pension
- 5. Private (occupational) early retirement pension

1. eg. dressing, bathing or showering, eating, getting in or out of bed, using the toilet

2. e.g. with home repairs, gardening, transportation, shopping, household chores or help with paperwork, such as filling out forms, settling financial or legal matters

 personal care, e.g. dressing, bathing or showering, eating, getting in or out of bed, using the toilet
practical household help, e.g. with home repairs, gardening, transportation, shopping, household chores
help with paperwork, such as filling out forms, settling financial or legal matters

- 1. Lodging (room)
- 2. Meals
- 3. Nursing and care services
- 4. Rehabilitation and other health services
- 5. Laundry
- 6. Charges and services, such as water, electricity, gas,
- or heating
- 7. Other expenses
- 96. None of the above

1. Pensions (yours or your spouse)

2. Other sources of income, such as rents from real estate, annuities etc.

3. Assets or savings (yours or your spouse), including life insurance policies

- 4. Contributions from children or grandchildren
- 5. Housing allowances or other public benefits
- 6. Payments from a public long-term care insurance
- 7. Payments from a private long-term care insurance
- 97. Other income sources (specify)

- 1. Owner
- 2. Member of a cooperative
- 3. Tenant
- 4. Subtenant
- 5. Rent free

- 1. Purchased or built it with own means
- 2. Purchased or built it with a loan or mortgage
- 3. Purchased or built it with help from family
- 4. Received it as a bequest
- 5. Received it as a gift
- 6. Acquired it through other means

- 1. Widened doors or corridors
- 2. Ramps or street level entrances
- 3. Hand rails
- 4. Automatic or easy open doors or gates
- 5. Bathroom or toilet modifications
- 6. Kitchen modifications
- 7. Chair lifts or stair glides
- 8. Alerting devices (button alarms, detectors...)
- 96. None of these
- 97. Other (specify)

- 1. A farm house
- 2. A free standing one or two family house
- 3. A one or two family house as row or double house
- 4. A building with 3 to 8 flats
- 5. A building with 9 or more flats but no more than 8 floors
- 6. A high-rise with 9 or more floors
- 7. A housing complex with services for older people (residential home or sheltered housing, but not a nursing home)
- 8. A nursing home

- 1. A big city
- 2. The suburbs or outskirts of a big city
- 3. A large town
- 4. A small town
- 5. A rural area or village

1. Debt on cars and other vehicles

(vans/motorcycles/boats, etc.)

- 2. Debt on credit cards / store cards
- 3. Loans (from bank, building society or other financial institution)
- 4. Debts to relatives or friends
- 5. Student loans
- 6. Overdue bills (phone, electricity, heating, rent)
- 96. None of these
- 97. Other

- 1. Often
- 2. Sometimes
- 3. Rarely
- 4. Never

1. Done voluntary or charity work

4. Attended an educational or training course

5. Gone to a sport, social or other kind of club

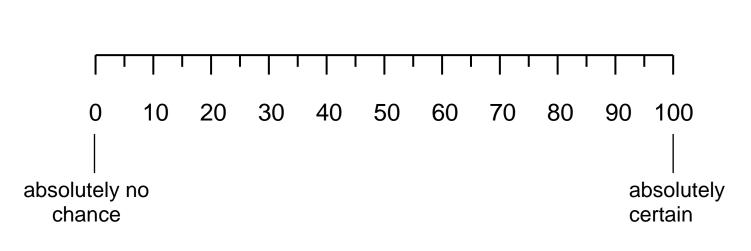
7. Taken part in a political or community-related organization

8. Read books, magazines or newspapers

9. Did word or number games such as crossword puzzles or Sudoku

10. Played cards or games such as chess.

96. None of these



1. Take substantial financial risks expecting to earn substantial returns

2. Take above average financial risks expecting to earn above average returns

3. Take average financial risks expecting to earn average returns

4. Not willing to take any financial risks