

CARD 1

1. Spouse
2. Partner
3. Child
4. Child-in-law
5. Parent
6. Parent-in-law
7. Sibling
8. Grand-child
9. Other relative (specify)
10. Other non-relative (specify)

CARD 2

1. Comprehensive school
2. Grammar school (not fee-paying)
3. Fee-paying grammar school
4. Sixth form College/Tertiary College
5. Public or other private school
6. Elementary school
7. Secondary modern/secondary school
8. Technical school (not college)
95. No degree yet/still in school
96. None
97. Other type (also abroad)

CARD 3

1. Nurses' training school
2. College of further/higher education
3. Other college or training establishment
4. Polytechnic/Scottish Central Institutions
5. University
95. Still in higher education or vocational training
96. None
97. Other (also abroad)

CARD 4

1. Married and living together with spouse
2. Registered partnership
3. Married, living separated from spouse
4. Never married
5. Divorced
6. Widowed

CARD 5

1. In the same household
2. In the same building
3. Less than 1 kilometre away
4. Between 1 and 5 kilometres away
5. Between 5 and 25 kilometres away
6. Between 25 and 100 kilometres away
7. Between 100 and 500 kilometres away
8. More than 500 kilometres away
9. More than 500 kilometres away in another country

CARD 6

1. A heart attack including myocardial infarction or coronary thrombosis or any other heart problem including congestive heart failure
2. High blood pressure or hypertension
3. High blood cholesterol
4. A stroke or cerebral vascular disease
5. Diabetes or high blood sugar
6. Chronic lung disease such as chronic bronchitis or emphysema
7. Asthma
8. Arthritis, including osteoarthritis, or rheumatism
9. Osteoporosis
10. Cancer or malignant tumour, including leukaemia or lymphoma, but excluding minor skin cancers
11. Stomach or duodenal ulcer, peptic ulcer
12. Parkinson disease
13. Cataracts
14. Hip fracture or femoral fracture
96. None
97. Other conditions, not yet mentioned

CARD 7

1. Pain in your back, knees, hips or any other joint
2. Heart trouble or angina, chest pain during exercise
3. Breathlessness, difficulty breathing
4. Persistent cough
5. Swollen legs
6. Sleeping problems
7. Falling down
8. Fear of falling down
9. Dizziness, faints or blackouts
10. Stomach or intestine problems, including constipation, air, diarrhoea
11. Incontinence or involuntary loss of urine
96. None
97. Other symptoms, not yet mentioned

CARD 8

1. Drugs for high blood cholesterol
2. Drugs for high blood pressure
3. Drugs for coronary or cerebrovascular diseases
4. Drugs for other heart diseases
5. Drugs for asthma
6. Drugs for diabetes
7. Drugs for joint pain or for joint inflammation
8. Drugs for other pain (e.g. headache, backpain, etc.)
9. Drugs for sleep problems
10. Drugs for anxiety or depression
11. Drugs for osteoporosis, hormonal
12. Drugs for osteoporosis, other than hormonal
13. Drugs for stomach burns
14. Drugs for chronic bronchitis
96. None
97. Other drugs, not yet mentioned

CARD 9

1. Walking 100 metres
2. Sitting for about two hours
3. Getting up from a chair after sitting for long periods
4. Climbing several flights of stairs without resting
5. Climbing one flight of stairs without resting
6. Stooping, kneeling, or crouching
7. Reaching or extending your arms above shoulder level
8. Pulling or pushing large objects like a living room chair
9. Lifting or carrying weights over 10 pounds/5 kilos, like a heavy bag of groceries
10. Picking up a small coin from a table
96. None of these

CARD 10

1. Dressing, including putting on shoes and socks
2. Walking across a room
3. Bathing or showering
4. Eating, such as cutting up your food
5. Getting in or out of bed
6. Using the toilet, including getting up or down
7. Using a map to figure out how to get around in a strange place
8. Preparing a hot meal
9. Shopping for groceries
10. Making telephone calls
11. Taking medications
12. Doing work around the house or garden
13. Managing money, such as paying bills and keeping track of expenses
96. None of these

CARD 11

1. Almost every day
2. Five or six days a week
3. Three or four days a week
4. Once or twice a week
5. Once or twice a month
6. Less than once a month
7. Not at all in the last 6 months

CARD 12

1. Specialist for heart disease, pulmonary, gastroenterology, diabetes or endocrine diseases
2. Dermatologist
3. Neurologist
4. Ophthalmologist
5. Ear, nose and throat specialist
6. Rheumatologist or physiatrist
7. Orthopaedist
8. Surgeon
9. Psychiatrist
10. Gynaecologist
11. Urologist
12. Oncologist
13. Geriatrician

CARD 13

1. Inpatient surgery
2. Medical tests or non-surgical treatments (except mental health)
3. Mental health problems

CARD 14

1. Cardiac catheterization, including removal of obstruction, stent
2. Coronary artery bypass graft
3. Insertion, replacement or removal of pacemaker
4. Any ear, nose and throat surgery
5. Any biopsy
6. Hip replacement
7. Knee replacement
8. Surgical treatment of fracture or ortopaedic trauma
9. Hernia repair
10. Cholecystectomy
11. Prostatectomy
12. Hysterectomy
13. Cataract surgery
97. Any other inpatient surgery

CARD 15

1. Knee arthroscopy
2. Cataract surgery
3. Hernia repair
4. Biopsy or cyst removal
5. Hand surgery
6. Vein stripping
7. Anal surgery
8. Arteriography or angiography using contrast
97. Any other outpatient surgery performed in an operating room

CARD 16

1. Professional or paid nursing or personal care

2. Professional or paid home help, for domestic tasks that you could not perform yourself due to health problems

3. Meals-on-wheels

96. None of these

CARD 17

1. Surgery
2. Care from a general practitioner
3. Care from a specialist physician
4. Drugs
5. Dental care
6. Hospital (inpatient) rehabilitation
7. Ambulatory (outpatient) rehabilitation
8. Aids and appliances
9. Care in a nursing home
10. Home care
11. Paid home help
97. Any other care not mentioned on this list

CARD 18

0. Social security institute (private sector employees)
1. Organization for agricultural insurance (rural sector)
2. Self employed persons funds (merchants, craftsmen, etc)
3. Civil servants fund, employees of municipalities
4. Public utilities: telecoms, electricity, trains, metro
5. Health professions, engineers, lawyers
6. Hotel employees
7. Seamen
8. Various bank employees funds
9. Any other social health insurance fund
96. No social health insurance fund

CARD 19

1. Medical care with direct access to specialists
2. Medical care with access to specialists through a general practitioner
3. Medical care with unrestricted choice of doctors
4. Medical care with limited choice of doctors
5. Dental care
6. Full coverage of drugs expenses
7. Partial coverage of drugs expenses
8. Hospital care with unrestricted choice of hospitals and clinics
9. Hospital care with limited choice of hospitals and clinics
10. Long term care in nursing home
11. Nursing care at home in case of chronic disease or disability
12. Home help
96. No voluntary health insurance at all
97. Any other type of voluntary health insurance

CARD 20

1. Medical care with direct access to specialists
2. Medical care with an extended choice of doctors
3. Dental care
4. A larger choice of drugs and/or full drugs expenses (no participation)
5. An extended choice of hospitals and clinics for hospital care
6. (Extended) Long term care in a nursing home
7. (Extended) Nursing care at home in case of chronic disease or disability
8. (Extended) Home help for activities of daily living (household, etc.)
9. Full coverage of costs for doctor visits (no participation)
10. Full coverage of costs for hospital care (no participation)
96. No voluntary health insurance at all
97. Any other type of voluntary health insurance

CARD 21

1. Left work (retired)
2. Employed or self-employed
(including working for family
business)
3. Unemployed
4. Permanently sick or disabled
5. Homemaker
97. Other (specify)

CARD 22

1. Strongly agree
2. Agree
3. Disagree
4. Strongly disagree

CARD 23

1. Became eligible for public pension
2. Became eligible for private occupational pension
3. Became eligible for a private pension
4. Was offered an early retirement option/window (with special incentives or bonus)
5. Made redundant (for example pre-retirement)
6. Own ill health
7. Ill health of relative or friend
8. To retire at same time as spouse or partner
9. To spend more time with family
10. To enjoy life

CARD 24

1. Public old age pension
2. Public early retirement or pre-retirement pension
3. Public disability insurance;
sickness/invalidity/incapacity pension
4. Public unemployment benefit/insurance
5. Public survivor pension from spouse/partner
6. Income/poverty support
7. War pension
8. Private (occupational) old age pension
9. Private (occupational) early retirement pension
10. Private (occupational) disability/invalidity
insurance
11. Private (occupational) survivor pension from
spouse/partner's job

96. None of these

CARD 25

1. Life insurance payment
2. Private annuity/private personal pension
3. Private health insurance payment
4. Alimony
5. Regular payments from charities
96. None of these

CARD 26

1. Public old age pension
2. Public early retirement or pre-retirement pension
3. Public disability insurance; sickness/invalidity/incapacity pension
4. Private (occupational) old age pension
5. Private (occupational) early retirement pension
96. None of these

CARD 27

1. Full-time employed
2. Part-time employed
3. Self-employed or working for own family business
4. Unemployed
5. In vocational training/retraining/education
6. Parental leave
7. In retirement or early retirement
8. Permanent sick or disabled
9. Looking after home or family
97. Other

CARD 28

1. personal care, i.e.
 - a) dressing, including putting on shoes and socks
 - b) bathing or showering
 - c) eating, e.g. cutting up your food
 - d) getting in or out of bed
 - e) using the toilet, including getting up or down

2. practical household help, e.g. with home repairs, gardening, transportation, shopping, household chores

3. help with paperwork, such as filling out forms, settling financial or legal matters

CARD 29

1. To meet basic needs
2. To buy or furnish a house or apartment
3. To help with a large item of expenditure (other than buying a house)
4. For a major family event (birth, marriage, other celebration)
5. To help with a divorce
6. To help following a bereavement or illness
7. To help with unemployment
8. For further education
9. To meet a legal obligation towards a spouse, parent or child

96. No specific reason

97. Other reason

CARD 30

1. City
2. Suburbs
3. Large town
4. Small town
5. Rural area/village

CARD 31

EXPENDITURE

1. Food consumed at home

Include: all food items and non-alcoholic beverages bought at supermarkets, grocery stores, markets and other outlets.

Do not include: spending on alcoholic beverages such as beer, wine, or spirits.

2. Food consumed outside home

Include: all meals at restaurants and other outlets such as bars, pubs and canteens.

Do not include: spending on alcoholic beverages, or expenditures on large ceremonial occasions such as wedding anniversaries.

3. Telephoning

Include: per call or long distance charges and the basic rate; all expenditure on mobile phone calls made over the month; internet connection costs from your home.

Do not include: purchases of telephone equipment such as phones or mobile phones.

4. All goods and services

Include: groceries, utilities, transportation, clothing, entertainment, out-of-pocket medical expenses and any other expenses you and your household may have.

Do not include: housing payments (rent or mortgage), housing maintenance, or the purchase of large items such as a car, or car payments, television, jewellery or furniture.

CARD 32

1. Bank accounts, transaction accounts or saving accounts
2. Government or corporate bonds
3. Stocks or shares (listed or unlisted on stock market)
4. Mutual funds or managed investment accounts
5. Individual retirements accounts
6. Contractual saving for housing
7. Life insurance
96. None of these

CARD 33

1. Never
2. About once every year
3. Few times per year
4. About every month
5. About every week
6. About every day

CARD 34

1. Debt on cars and other vehicles
(vans/motorcycles/boats, etc.)
2. Overdue bills (phone, electricity,
heating)
3. Overdue credit cards / store card
bills
4. Loans (from bank, building society
or other financial institution)
5. Debts to relatives or friends
6. Student loans
96. None of these
97. Other

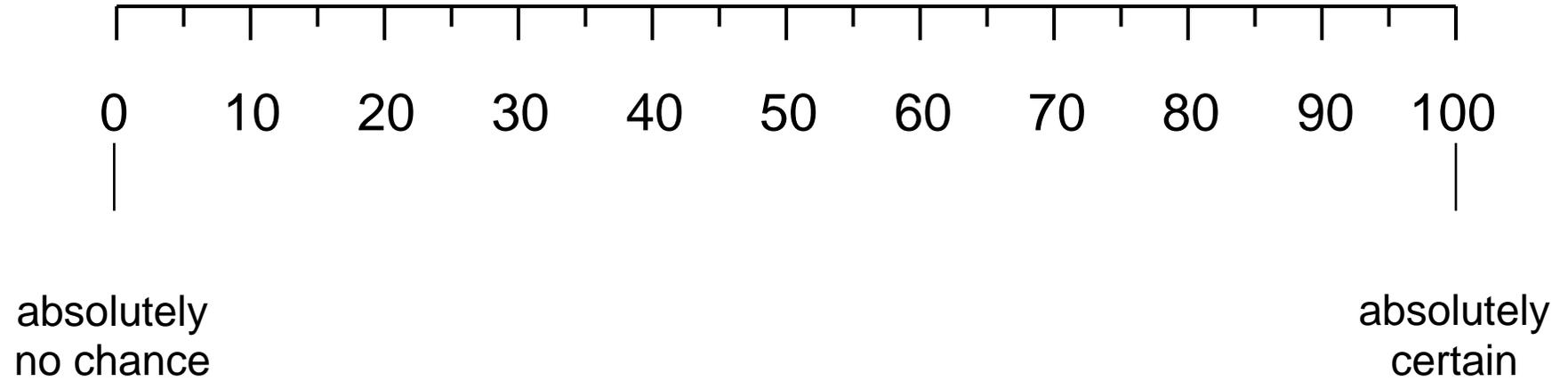
CARD 35

1. Done voluntary or charity work
 2. Cared for a sick or disabled adult
 3. Provided help to family, friends or neighbors
 4. Attended an educational or training course
 5. Gone to a sport, social or other kind of club
 6. Taken part in a religious organization (church, synagogue, mosque etc.)
 7. Taken part in a political or community-related organization
96. None of these

CARD 36

1. To meet other people
2. To contribute something useful
3. For personal achievement
4. Because I am needed
5. To earn money
6. Because I enjoy it
7. To use my skills or to keep fit
8. Because I feel obligated to do it
96. None of these

CARD 37



CARD 38

1. Saving or investment
2. Pay off debt
3. Give to relatives or donations
4. Buy durable item (house, car, furniture, large electrical appliances,...)
5. Make a holiday trip or journey